

# Roasted Napa Cabbage

From – [www.food.com](http://www.food.com)

6 Tbsp vegetable oil  
2 garlic cloves, crushed  
6 cups napa cabbage, roughly shredded  
salt, to taste  
pepper, to taste

- Preheat your oven to 450°.
- Heat the oil in a skillet on low; add the garlic cloves and cook very gently for 15 minutes.
- Toss the cabbage with the oil, salt and pepper.
- Place the cabbage on a baking sheet and bake for about 15 minutes or until the tops of the cabbage pieces are browned.



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