

# Roasted Cauliflower Popcorn

*From – Wegman's Menu*

1 ½ lbs cauliflower florets, trimmed to bite-size pieces (about 5 cups)

2 Tbsp basting oil

salt and pepper to taste

4 tsp Parmigiano cheese

- Preheat oven to 450 degrees.
- Toss cauliflower in large bowl with basting oil.
- Season to taste with salt and pepper.
- Arrange in single layer on baking sheet.
- Roast on center rack of oven about 15 minutes. Carefully turn cauliflower halfway through baking.
- Remove from oven and sprinkle with cheese.



For more recipes visit us at  
[www.HealthyHarvestFarmCSA.com](http://www.HealthyHarvestFarmCSA.com)