

Miso Pesto

From – From Asparagus to Zucchini

3 cups basil leaves
3 to 4 large garlic cloves
¼ cup chopped nuts (walnuts, pine nuts, sunflower seeds)
¼ to ½ cup olive oil
2 to 3 Tbsp miso (mellow variety is best)
salt to taste

- Puree ingredients in blender or food processor until a thick paste forms.
- Makes ¾ to 1 cup.



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