

Garlic Stir-Fried Snap Peas

From – *From Asparagus to Zucchini*

3 cups sugar snap peas
1 Tbsp oil (any mild one)
2 large garlic cloves, minced
2 tsp fresh lemon juice
salt & pepper to taste
cooked rice (optional)

- Heat oil in skillet.
- Stir in garlic and peas.
- Cook and stir 2 to 4 minutes on medium heat.
- Remove and sprinkle on lemon juice and salt & pepper.
- Serve over rice, if desired.



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