

# Cilantro Lime Yogurt Dressing

From – *Moosewood Restaurant Low-Fat Favorites*

1 cup nonfat or low-fat yogurt  
1 tbs minced fresh cilantro  
1 tbs minced scallions or chives  
2 tsp fresh lime juice  
salt to taste

- In a small bowl, combine the yogurt, cilantro, scallions or chives, and lime juice.
- Add salt to taste.
- Set aside for at least an hour to allow the flavors to meld.
- Stored refrigerated in a covered container, it will keep for 3 or 4 days.



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