

# Carrot and Parsley Salad

From – *Asparagus to Zucchini: a Guide to Farm-Fresh Seasonal Produce*

3 ½ cups grated carrot  
2 cups parsley – finely chopped  
1 clove garlic – minced or pressed  
3 Tbsp fresh lemon juice  
¼ cup vegetable oil  
½ tsp salt  
freshly ground black pepper to taste

- Toss all ingredients in serving bowl.
- Can be made ahead and refrigerated, covered, until serving time.
- It will keep for 2-3 days.
- Variation – add 1 Tbsp chopped fresh mint or chives or 1 tsp cumin.



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