

Apple-Cucumber Salsa

From – www.huffingtonpost.com

1 Granny Smith apple - peeled, cored and cut into ¼” dice

½ cucumber - peeled, seeded and cut into ¼” dice

¼ small red onion, cut into ¼” dice

½ small red bell pepper, cut into ¼” dice

1 ½ Tbsp white wine vinegar

1 ½ tsp sugar

salt

- In a bowl, toss the apple with the cucumber, onion and pepper.
- Stir in the vinegar and sugar, season with salt and serve.



For more recipes visit us at
www.HealthyHarvestFarmCSA.com