Thai Summer Salad

From – The Cleaner Plate Club

1 pound green beans juice from 4 limes 1 Tbsp canola oil 1 hot pepper – diced 1 garlic clove – minced 2 Tbsp brown sugar 1 tsp fresh minced ginger ½ cup peanut butter salt to taste 2 cucumbers – sliced 1 bell pepper – sliced 1/4 cup chopped onion ½ cup plus 2 Tbsp crushed peanuts ½ cup chopped fresh cilantro ½ cup chopped fresh basil 1 Tbsp chopped fresh mint ½ pound salad greens

- Boil beans for 2 minutes, immediately place in ice water to stop the cooking then chop into 1 ½ inch pieces.
- Whisk together the lime juice, oil, hot pepper, garlic, brown sugar and ginger in a small bowl.
- Add the peanut butter and whisk again then season with salt.
- Combine the cucumbers, beans, bell pepper, onions, 1/2cup of peanuts, cilantro, basil and mint in a large bowl and toss to combine.
- Pour the dressing over the mixture and toss to coat evenly.
- Arrange the salad greens on a serving platter.
- Spread the dressed vegetables over the greens.
- Top with remaining 2 Tbsp of peanuts.



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