Thai Chicken with Basil

From – From Asparagus to Zucchini

3 to 4 Tbsp seeded and finely chopped green chili peppers

- 2 Tbsp soy sauce
 1 tsp sugar
 1 tsp vinegar
 ³/₄ cup chopped basil leaves
 2 Tbsp chopped fresh mint
 ¹/₂ tsp cornstarch
 3 Tbsp vegetable oil
 2 whole chicken breasts, boned, skinned, cut into 1/4" x 2" strips
 2 garlic cloves, minced
 1 large onion, halved and sliced 1/4" thick hot cooked rice
 - Mix chilies, soy sauce, sugar, vinegar, basil, mint and cornstarch. Set aside.
 - Heat 2 Tbsp of the oil in large skillet or wok over high heat.
 - When oil is hot, add chicken and garlic. Cook, stirring constantly, until meat loses its pinkness, about 4 minutes.
 - Remove meat; keep warm.
 - Heat remaining oil in pan.
 - Add onion and cook, stirring, 2 minutes.
 - Add chili mixture; return chicken and its juices to pan.
 - Cook, stirring, until sauce thickens slightly.
 - Serve with rice.



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