Spanish-Style Spinach with Chickpeas

From - Madhur Jaffery's World Vegetarian

³/₄ cup dried chickpeas

1/4 cup olive oil

5 garlic cloves, peeled and finely chopped

2 lbs fresh spinach, washed and cut into wide ribbon like shreds

2 tsp ground cumin

1 tsp ground coriander

1 ½ tsp paprika

1/8 or ½ tsp cayenne or crushed red pepper flakes

 $1 \frac{1}{2}$ tsp salt

- Soak the chickpeas over night in cold water to cover by about 3 inches. Drain.
- In a medium pot, bring the chickpeas and $2\frac{1}{2}$ cups of water to a boil. Cover, lower the heat, and simmer for $2\frac{1}{2}$ to 3 hours, or until the chickpeas are tender.
- Put the oil in a wide, medium pot ans set over medium-high heat.
- When hot put in the garlic and stir.
- Add the spinach and stir until the spinach has wilted.
- Add the chickpeas with their cooking liquid, the cumin, coriander, paprika, cayenne, salt and 1 cup of water. Mix well.
- Cook on medium heat, uncovered, for 20-30 minutes. Stir occasionally.
- There should be a little thick juice left at the bottom of the pan.
- Serve hot or room temperature.



For more recipes visit us at www.HealthyHarvestFarmCSA.com