Pureed Beet Salad

From – Madhur Jaffrey's World Vegetarian

2 medium beets

1/4 cup chopped walnuts

1 slice stale white bread or small boiled potato

1 garlic clove, peeled and coarsely chopped

6 Tbsp olive oil

2 Tbsp red wine vinegar

1/2 tsp salt, or to taste

- Cover the beets well with water and boil until tender, about 40 minutes. Drain. Peel and chop coarsely.
- In a blender or food processor combine beets and remaining ingredients. Blend until smooth.
- Serve you would hummus or over boiled or baked potatoes.



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