Market Eggplant Salad

From – Fresh from the Farmstand

1/3 cup olive oil

1 Tbsp lemon juice, or to taste

2 cloves garlic, minced

½ tsp dried oregano

1 onion, thinly sliced and separated into rings

1 zucchini, halved and thinly sliced

1 cup sliced mushrooms

1 eggplant, peeled and cut into 1/2" cubes

1 tomato, chopped

½ tsp red pepper flakes, or to taste

salt and pepper to taste

1 cup crumbled blue cheese or goal cheese

- Combine oil, lemon juice, garlic and oregano in a large skillet. Saute` over medium heat until garlic is lightly golden.
- Add onion, zucchini, mushrooms and eggplant. Saute` an additional 15 minutes, until vegetables are tender.
- Transfer to a serving bowl.
- Mix in tomato, red pepper flakes, salt and pepper. Sprinkle with cheese.
- Serve warm or at room temperature.



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