Braised Fennel

From – The Fannie Farmer Cookbook

1 lb fennel 2 Tbsp butter chicken broth salt black pepper

- Slice the fennel bulb into ½ inch pieces.
- Saute in the butter in a skillet for about 5 minutes.
- Add about ½ inch of broth to the skillet.
- Cover and simmer over low heat until tender, about 15-20 minutes.
- Using a slotted spoon arrange the fennel in a serving dish.
- Boil the cooking liquid down to just a few tablespoons, and season to taste with salt and pepper.
- Pour over the fennel and serve.



For more recipes visit us at www.HealthyHarvestFarmCSA.com